

Level 1 Piano Checklist – BBSM

✓ Technique

- ☐ **Hand Position:** Both hands stay in *C position* with all fingers curved and on the keys throughout the song.
 - ☐ **Posture:** Sit straight, 3–6 inches from the piano, elbows at 90°, wrists relaxed and curved, shoulders down, fingertips ready.
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Theory & Skills

Skill	Done
	<input type="checkbox"/>
Correct counting of rhythms (quarter, half, dotted half, whole notes)	<input type="checkbox"/>
C & G Major scales – hands separately	<input type="checkbox"/>
A & E minor scales – hands separately	<input type="checkbox"/>
C & G Major arpeggios – hands separately	<input type="checkbox"/>
A & E minor arpeggios – hands separately	<input type="checkbox"/>
Scale degrees (intervals 1–4–5)	<input type="checkbox"/>
Chords and inversions (C & G Major / A & E minor)	<input type="checkbox"/>

Sight-Reading

Sight-Reading Skill	Done
	<input type="checkbox"/>
Right hand: Treble clef (C-D-D-E-F-G)	<input type="checkbox"/>
Left hand: Bass clef (C-B-A-G-F)	<input type="checkbox"/>
Hands together (simple patterns)	<input type="checkbox"/>

Performance

Performance Skill	Done
	<input type="checkbox"/>
Plays songs with metronome at 50–80 BPM	<input type="checkbox"/>
Maintains steady tempo and consistent rhythm	<input type="checkbox"/>
Demonstrates correct dynamics & expression (if applicable)	<input type="checkbox"/>